

# Peanut Butter Balls

*Servings: One Serving = 3 balls*

RECIPE BOX

## INGREDIENTS

1/2 CUP PEANUT BUTTER (USE PB  
WITH <3G SUGAR)  
3/4 CUP OATS  
3 TBSP GROUND FLAXSEED  
1/4 CUP RAISINS



## DIRECTIONS

**STEP 1:** Combine all ingredients and mix.

**STEP 2:** Roll into 1" balls and refrigerate.

As a snack, eat 2-3 balls with a side of fruit. One serving = 3 balls

**GF** This recipe is gluten free as written.

**V** This recipe is vegetarian as written.

Nutrition per Serving: Calories 275, Fat 16g, Carbs 18g, Fiber 5g, Sugars 6g, Protein 12g

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