

Slow Cooker Rotisserie Chicken

Servings: 4

RECIPE BOX

INGREDIENTS

1 MEDIUM ONION, HALVED
1 YOUNG WHOLE CHICKEN
(REMOVE GIBLETS AND NECK)
GARLIC SALT TO TASTE
SEA SALT AND PEPPER TO TASTE
OLIVE OIL TO LINE THE SLOW
COOKER



DIRECTIONS

Step 1: Place whole chicken on top of halved onion inside your Slow Cooker. I recommend prepping your slow cooker with EVOO.

Step 2: Shake the seasonings on top of the chicken or place them under the skin. Cook on low 4 hours or until chicken is Fully cooked (no pink).

GF This recipe is gluten free as written.

Nutrition per Serving: Calories 183, Fat 8g, Carbs 4g, Fiber 0g, Sugars 0g, Protein 20g

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