

Open Face Tuna

Wrap

RECIPE BOX

INGREDIENTS

3 OUNCES TUNA or CHICKEN
1 TBSP MAYONNAISE
1 TBSP GREEK YOGURT, PLAIN
1 CELERY STALK, DICED
1/8 GREEN & RED PEPPERS, DICED
2 TSP DIJON MUSTARD
KOSHER SALT AND PEPPER TO TASTE
4 LEAVES ROMAINE LETTUCE



DIRECTIONS

STEP 1: Combine all ingredients in a bowl. Serve on a lettuce wrap! It pairs well with Tomato soup, specifically Trader Joes Roasted Red pepper soup.

GF This recipe is gluten free as written.

Nutrition per Serving: Calories: 254, Carbs: 12g, Fat:12g, Protein: 23.9, Fiber: 1.6g, Sugars: 6g

