

Clean Greek Salad

Servings: 1 serving

RECIPE BOX

INGREDIENTS

2 CUPS LETTUCE
1/2 DICED CUCUMBERS
1/4 AVOCADO
1/2 TOMATO, DICED
2 TBSP **HOMEMADE OIL & VINEGAR**

DRESSING

1 SMALL CAN SLICED OLIVES (OR
KALAMATA PITTED OLIVES)

OPTIONAL:

3 OZ GRILLED CHICKEN, SHRIMP OR
SALMON



DIRECTIONS

STEP 1: In a large bowl, combine all ingredients. Toss with tongs and serve.

GF This recipe is gluten free as written.

V This recipe is vegetarian as written.

Nutrition per Serving: Calories 370, Fat 32g, Carbs 17g, Fiber 8g, Sugars 6g, Protein 7g

moms into fitness
& nutrition

