

Energy Bites

Servings: About 12 (one serving = 2 balls)

RECIPE BOX

INGREDIENTS

1 CUP PITTED, DATES
2 CUPS RAW CASHEWS
1 TBSP VANILLA EXTRACT



DIRECTIONS

STEP 1: Place all ingredients in food processor, mix until combined.

STEP 2: Roll into 1-inch balls. Store in refrigerator.

GF This recipe is gluten free as written.

V This recipe is vegetarian as written.

Nutrition per Serving: Calories 154, Fat 8g, Carbs 17g, Fiber 2g, Sugars 12g, Protein 4g

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