

Cold Chicken Salad

Servings: 1

RECIPE BOX

INGREDIENTS

3 OUNCES STORE BOUGHT
ROTISSERIE
CHICKEN, SHREDDED OR CUBED
1 TBSP MAYO
1 TBSP PLAIN GREEK YOGURT
1-2 CELERY STALKS, DICED
1/8 GREEN PEPPER, DICED
1 RED PEPPER, SLICED
SQUIRT OF DIJON MUSTARD
SALT AND PEPPER TO TASTE



DIRECTIONS

STEP 1: Combine all ingredients in a bowl. Serve on a wrap, lettuce wrap or by itself!

GF Serve on a lettuce wrap or by itself.

V Use sliced zucchini or firm tofu.

Nutrition per Serving: Calories 260, Fat 16g, Carbs 66g, Fiber 3g, Sugars 7g, Protein 18g

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