

Citrus Dressing

Servings: About 8

RECIPE BOX

INGREDIENTS

2 TBSP ORANGE JUICE
2 TBSP LEMON JUICE
3 TBSP RAW HONEY
2 TSP DIJON MUSTARD
1/2 TSP SEA SALT
1/2 CUP OLIVE OIL



DIRECTIONS

Combine ingredients in food processor and puree. Store in refrigerator. Top salad with 2 Tablespoons.

GF This recipe is gluten free as written.

V This recipe is vegetarian as written.

Nutrition per Serving: Calories 146, Total Fat 14g, Carbs 6g, Protein 0g, Fiber 0g, Sugars 6g.

Oil & Vinegar Italian Dressing

Servings: About 15

INGREDIENTS

2 CLOVES GARLIC, MINCED
1 TBSP DRIED OREGANO
1 TBSP DRIED PARSLEY
1 TBSP DRIED BASIL
1 CUP WHITE WINE VINEGAR
3/4 CUP OLIVE OIL

DIRECTIONS

Mix all ingredients and top salad with 2 tablespoons.

GF This recipe is gluten free as written.

V This recipe is vegetarian as written.

Nutrition per Serving: Calories 101, Total Fat 15g, Carbs 0g, Protein 0g, Fiber 0g, Sugars 0g.